Employee Benefits Hotline (EBH)

Benefit specialists are available to answer questions as you sign up for your Guardian benefits

<table>
<thead>
<tr>
<th>Toll-free Phone</th>
<th>7:00 a.m. – 8:30 p.m. EST</th>
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<tbody>
<tr>
<td>1-888-600-1600</td>
<td>6:00 a.m. – 7:30 p.m. CST</td>
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<tr>
<td>Monday-Friday</td>
<td>5:00 a.m. – 6:30 p.m. MST</td>
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<td></td>
<td>4:00 a.m. – 5:30 p.m. PST</td>
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STEP 1: Ask yourself these questions to determine if you should call the Employee Benefits Hotline.
If you answer "yes" to any of these questions, prepare to contact the Hotline (go to STEP 2):

- Do I need help completing my enrollment forms?
- Do I have questions about the benefits covered under the plans my employer is offering?

STEP 2: Prepare to contact the Hotline

- Name of the company you work for
- Your company’s group number

STEP 3: Call 888-600-1600 to get answers!

- Press #1 to identify yourself as an employee.
- At the next prompt: Press #0 for all other questions
- Enter your company’s group number

IMPORTANT NOTE: The Employee Benefits Hotline provides pre-enrollment support in over 50 languages! Once you are enrolled in a plan, you will receive additional information and new toll-free phone numbers.