Welcome to health care made simple

Teladoc® gives you 24/7/365 access to U.S. board-certified doctors through phone or video consults. It does not replace your primary care physician but is an affordable option for quality care. Get started today!

**STEP 1**
**SET UP YOUR ACCOUNT**

We've made it quick and easy to set up your account online. Simply visit the website and click "Set up account".

**STEP 2**
**UPDATE YOUR MEDICAL HISTORY**

Make sure the "My Medical History" tab is updated so the doctor has the information needed to provide an accurate diagnosis.

**STEP 3**
**REQUEST A CONSULT**

Teladoc doctors are available when you need care now. Request a consult anytime online or by phone.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

**Talk to a doctor anytime for Free**

- [Teladoc.com](http://Teladoc.com)
- [Facebook.com/Teladoc](http://Facebook.com/Teladoc)
- [1-800-Teladoc](http://1-800-Teladoc)
- [Teladoc.com/mobile](http://Teladoc.com/mobile)

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